



Sunshine Coast Dragon Boat Club Inc
 PO Box 1607
 BuderimQld4556

www.scdragonboatclub.com.au

CLUB CONTACTS

President - Albert Gray - 5444 6521

Registrar - Carol Stadelmann - 5494 1501

Interim Vice President - Regina Luttrell - 0408 873 618

Events Officer - Andrew McVittie - 5444 4705

Interim Secretary - Therese Ellis - gary.ellis4@bigpond.com

Training Officer - Michele Desborough - 5494 8286

Treasurer - Vacant

Publicity - Vacant

Sunshine Coast Dragons Abreast Inc - President - Wendy Clarke - 0416 988 860
sunshinecoast@dragonsabreast.com.au

TRAINING

We train at Stockland Park, Lake Kawana

Date/Time	Team	Session
Tuesday 4.30pm - 5.30pm 5.30pm - 6.30pm	TTBB Sundragons	Fun / Fitness Sport
Thursday 5.30pm - 6.30pm 5.15pm - 6.15pm	Sundragons TTBB	Sport Intensive
Saturday 3.00pm - 4.00pm 4.00pm - 5.00pm	Beginners / Social Sundragons	Fun Sports
Sunday 7.00am - 8.00am	TTBB Pink Survivor Beginners	Fun & Fitness

These are 'on water' times. Make sure you arrive 30 minutes prior to times listed for warm up and to help get the boat on the water

