



Tweed Dragons

**Are you interested in
fun, fitness and
friendship?**

If this sounds like you then Tweed Dragons would love to have you join our Dragon Boat Club. We train twice a week and compete in regattas occasionally. We are a social club that is about fitness and fun.

Contact:

Kristi P. 0400 104 816

Norm H. 0407 162 619

Bev F (02) 6672 1283



Training Times

Tuesday 4:30pm

Saturday 8:00am

Bring a water bottle
and wear footwear
that can get wet.